

## CHILDPROOFING CHECKLIST

- Consider hiring a company to help you childproof your home
- Get down on your hands and knees to detect hazards children can get to
- Place gates at the top and bottom of all stairs
- Install childproof latches on appropriate cabinets, drawers, etc.

### **Keep the following out of the reach of children:**

- Hazardous materials, breakable objects, rope, string, etc.
- Place night lights where necessary to prevent falls
- Place outlet covers on all empty electrical outlets that children can reach (make sure the covers do not pose a choking hazard)
- Tuck electrical cords out of the way
- Unplug appliances and cords when not in use
- Shorten drape and blind cords and/or cut off the knot at the end
- Install window guards and/or locks
- Install gates at top and bottom of stairs
- Lower hot water heater temperature to less than 130 ° F
- Store medicines in childproof containers
- Lock appropriate cabinets and drawers
- Place rubber mats in bathtub and shower
- Turn pot handles on stove away from the front

### **If your residence was built in 1978 or earlier:**

- Determine if there is a hazard to children from lead paint (use of lead paint was restricted in 1978)

### **The Kitchen:**

#### **Keep the following out of reach of children:**

- Plastic bags
- Dishwashing liquid
- Cleaning fluids
- Hot liquids
- Knives